The interaction of trauma and grief in the age of a pandemic:

The role of bereavement programs in promoting child and family resilience

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Trauma + COVID-19 + Grief Framework

• Use a trauma & grief informed phase lens
  • match timing to goals of services
• Implement trauma & grief specific intake and assessment
  • do not over pathologize
  • do not over normalize
• Involve caregivers at all phases
• Train on trauma related concepts
• Advanced training for tiered services
• Support and supervise on vicarious trauma, compassion fatigue
Resources


• Cohen, JA, Mannarino, AP & Deblinger, E (2017) Treating Trauma and Traumatic Grief in Children and Adolescents. NY: Guilford

Resources

Psychological First Aid Outline and materials
- http://www.nctsn.org/content/psychological-first-aid
- Web-based training course
- App for Iphone
- PFA Mobile
- Educational materials
  - www.CSTSonline.org
  - www.APSAC.org
Resources

Skills for Psychological Recovery
Information @ National Child Traumatic Stress Network website:
  • https://www.nctsn.org/resources/skills-psychological-recovery-spr-online

Trauma-Focused CBT
  • Information and web-based training
  • https://tfcbt2.musc.edu/
Resources: contact us

TF-CBT training
Grief group training
COVID-19, grief assessment
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