

**The interaction of trauma and grief
in the age of a pandemic:**

***The role of bereavement programs in
promoting child and family resilience***

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May 2020

Acknowledgements

- Dr. Elissa J. Brown
- Danielle Citera
- The staff, students, volunteers at *A Caring Hand, Founded in Memory of Billy Esposito* and *Child HELP Partnership*
- Collaborators throughout NYC and nationally
- The brave, resilient families we have worked with
- Thank you to the *New York Life Foundation, A Little Hope,* and *NAGC* for funding assessment, research, and direct service work

Trauma + COVID-19 + Grief Framework

- Use a trauma & grief informed phase lens
 - match timing to goals of services
- Implement trauma & grief specific intake and assessment
 - do not over pathologize
 - do not over normalize
- Involve caregivers at all phases
- Train on trauma related concepts
- Advanced training for tiered services
- Support and supervise on vicarious trauma, compassion fatigue

Resources

- Brown, EJ, Goodman, RF, Cohen, J, Mannarino, A (2019) *An exploratory trial of cognitive-behavioral vs client-centered therapies for child-mother dyads bereaved from terrorism*. Journal of Child & Adolescent Trauma DOI:10.1007/s40653-019-00264-2
- Brown, E J, Goodman, RF, Ritholtz, SF, & Swiecicki, CC (2018) *Psychometrics of the PTSD and Depression Screener for Bereaved Youth*. Death Studies DOI: 10.1080/07481187.2018.1432719
- Cohen, JA, Mannarino, AP & Deblinger, E (2017) *Treating Trauma and Traumatic Grief in Children and Adolescents*. NY: Guilford
- Goodman, R et al.(2005)*The Courage to Remember: Childhood Traumatic Grief Video and Companion Curriculum Guide*. National Child Traumatic Stress Network: (NCTSN.org)

Resources

Psychological First Aid Outline and materials

- <http://www.nctsn.org/content/psychological-first-aid>
- Web-based training course
 - <http://learn.nctsn.org/course/category.php?id=11>
- App for Iphone
- PFA Mobile
- Educational materials
 - www.CSTSonline.org
 - www.APSAC.org

Resources

Skills for Psychological Recovery

Information @ National Child Traumatic Stress Network website:

- https://www.nctsn.org/sites/default/files/interventions/spr_fact_sheet.pdf
- <https://www.nctsn.org/resources/skills-psychological-recovery-spr-online>

Trauma-Focused CBT

- Information and web-based training
- <https://tfcbt2.musc.edu/>

Resources: contact us

TF-CBT training

Grief group training

COVID-19, grief assessment

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